

Social and Emotional Wellbeing through Creative Intelligence as Found in Medha Sukta

Sunita Wadhavan
Prof.Madhusudan Penna

Abstract:

The "Medha Sukta" which appears in the Taittiriya Aranyaka (IV.10.41-44) is a very significant hymn from many angles. The Sukta (meaning "Well composed & said") or the hymn is composed in praise (or as a "Prayer") to the (divine concept or) Goddess "Medha" (which is a form of a wider divine concept called "Sarasvati"). This deity (Sarasvati) is recognized (or conceptualized in Vedic literature) as one of the "Divine Powers" intimately related with the acquisition, memorization and preservation of "knowledge" and sharpening and quick- efficient utilization of "Intelligence". (The other main deities related with learning and knowledge are Ganesha and Dattatreya).

All these Vedic deities are emphatically described to be present a) within ourselves as well as b) in the Universe. Their presence "within" ourselves has the bio-medical significance (related with our consciousness and the facets of our core personality called as the "Atman" or Jivatman or "Brahma" mentioned in the statement "Aham brahmasmi").

This paper tries to relate the statements made in "Medha_Sukta" with the biomedical facet of a typical "Human personality" and brain neuron structure & intellectual activity. The word "Medha" has several meanings in different contexts and they denote a form of intelligence, creativity, pure enjoyment and supreme consciousness, etc. This "Sukta" indirectly (& poetically) describes (or defines) that "angle" (or part or variety) of intelligence, (or intellectual activity residing in our personality) which can be classified as "Medha". In this "Sukta" prayer is offered to goddess Sarasvati to bestow on the people, traits such as intelligence and creativity etc. in association with) Lord Indra, the King of the divine entities b) Gandharvas, (the divine entertainment artists) and c) the divine philosophical Sun, (which has some characteristics which are Similar to the "Sunstar" which is the prime source of energy on earth and therefore it's apparent movements in the sky are responsible for all the "natural rhythms" (like seasons, and plant life cycles etc.) on Earth.

In this paper, the authors discuss the above dimensions (in the Vedic Sukta) and also make a comparison of the structure and development of memory, intelligence and creativity in typical human brain (from modern (angles) and thus it's possible impact on modern civilization's "Learning- Methodology" if it is fully "deciphered, understood and implemented" appropriately.

The intuitive mind is a sacred gift and the rational mind is a faithful servant. We have created a society that honors the servant and has forgotten the gift.

----- Albert Einstein

Introduction:

Medha sukta is a part of the "**Taittireeya Aranyaka** (*Chaturtha Prashna :Taittiriya Mantra Kosha : Prathama Bhaga*¹:") and is a fascinating hymn describing the manifold creative aspects of *Sarasvati*, the goddess of speech, learning and wisdom.

"**Medha**" is one of the names of Goddess "**Sarasvati**" which conveys the related facets, characteristics (or activities) of this divine entity ("**Sarasvati**"). Indians are aware that all Indian saints have consistently preached and emphasized that all the deities praised, revered and referred in the Vedas, *Puranas*, *Shastras* etc. are all (qualities, entities manifested and) residing inside the *Pinda* or symbolic or logical heart of the human body, as well as, in the Universe (*Brahmanda*). Suktam is a group of Mantras found in the Vedas. And the term 'Medha' can mean understanding with full consciousness. Medha Suktam is a sacred hymn that seeks divine grace for knowledge and intelligence.

Medha Sukta refers to a cluster of 6 verses from the Mahanarayana Upanishad, which is a part of the Taittiriya Aranyaka of Krishna Yajur Veda. Aranya refers to the forest, and hence Taittiriya Aranyaka that contains the Medha Suktam is said to be those Vedic texts that were learned traditionally in the forests. Medha Suktam is dedicated to many divine beings like Indra, Surya, and Agni, apart from Goddess Medha Devi, and encompasses in its fold, intelligence that ranges across a person's instincts, character, scholarship, talents, and wisdom. It is believed that chanting the Medha Suktam can bring about a remarkable transformation for the better, in the intellectual capabilities of an individual.

Medha Suktam, when chanted properly with dedication and faith, can increase a person's memory, grasping capabilities, power of intuition, and overall intelligence. It can also help in the precise retention of things in the mind, improving talent and academic excellence. It is even said that when nursing mothers recite this hymn with devotion and faith or hear this hymn recited by the devout, this can inculcate even in their new-borns supreme intellectual abilities.²

1. Anthony Freeman, Creativity, Mind and Brain, Journal of Consciousness Studies, 8, No, 4, 2001.

2 <https://www.astrovod.com/articles/medha-suktam-benefits>

This is a very pious and powerful suktam. By reciting this suktam daily with faith, devotion and concentration we can acquire a good and powerful memory, fame, good thoughts, courage, wisdom, internal light, good creative energy, sound health and we become younger not only by mind but by body also, irrespective of our age. Medha is the ability to understand and hold what one has learnt through various sources. It's not just enough to understand a thing, one has to hold it. On the other hand, it's not just holding and memorizing something without understanding. Medha is the ability to understand and hold it in the memory. Many Rishis experienced that by reciting these Mantras of Medha Sukta, they could develop Medha Shakti.³

Tags:

However, since the almost **"total demolition"** of the **"traditional system of education"** in India and the establishment of the **"Mecaulian System of Education"** in its place, we have lost the **"vital link"** to the correct ways of identification of these entities, which include the **"concepts"** residing inside the human body. (This knowledge was traditionally being "passed on" from one generation to the next generation by the *"Guru-Parampara"* system which has got cut-off. Only some number of links in "Spiritual context" have survived. All "other contexts" have become almost extinct). Unfortunately, we are still not making any consolidated efforts to rebuild and re-establish these lost links (by allowing our Intellectual thinking faculty to focus and interpret these texts in these directions).

This paper is an example of an effort to understand the "Medha sukta" in the context:

- a) Biomedical Identification (life science- bioscience) of this **Goddess of "Intelligence"** within our brain and nervous systems and
- b) A Star artist (writer-singer-dancer-stage-artist) as a **"typical human personality"** in this context.
- c) **Analysis of the hymn:**

³https://nios.ac.in/media/documents/OBE_indian_knowledge_tradition/Level_B/Veda_B/VBCh-4.pdf

Initially the sage offers prayer to *Omkara* which is the essence of all the four *Vedas* and *Gayatri*. (*sarva vedaha yat padam aamananthi tapansi sarvani cha yad vadanti yadichhantah brahmacharyaam charanti tattepadam sangrahena bravimi om iti yetat*). This *Omkara* is praised as *Vishwarupa* as it contains all the syllables covering the entire Sanskrit alphabet. It sprang out of *Vedas* which are capable of bestowing on immortality to the people and the prior knowledge, i.e. The knowledge of the *Brahman*. The sage requests the supreme reality to give him highest knowledge and wisdom that leads one to superior knowledge (*Brahma vidya*). In order to receive such a knowledge, one should have good physical strength and the sensory organs should be under control and hence the sages pray to *Indra* (who is the presiding deity for physical and mental strengths) for strengthening our limbs and making us happy with knowledge for e.g., the tongue should speak mellifluously. The words or speech uttered out of the mouth should be pleasant to the ears. One should hear more and more about this rhythm or about the knowledge of Brahman.

This Brahman is hidden in the sheath called *Omkara*. The realization of the soul takes place once the worship of *Omkara* is completed. One should be free from the transitory state of the mind or other thoughts covering the mind. The mind should reach a state of thoughtlessness which results in understanding and realizing the mystic word *Om*. *Kosha* can also be interpreted as a shell-like structure of the brain and the nervous system as the mind, thoughts and intelligence originate from it.

Retentive memory and intelligence:

The sage further requests the supreme deity to protect the knowledge he has attained. *Medha* also means retentive memory (*dharana*) and hence what is heard should be retained. The retentive memory of worldly knowledge should be replaced by the knowledge of *Omkara* and Brahman. The first *mantra* requests the goddess *Medha* to bestow goodwill even on those who speak foul and inimical language. It is said in an anonymous *subhashita* that wicked people become jealous towards the good attributes of the noble without a cause and although the noble does not harm the former. Hence the sage is asking the goddess to grant favors to his enemies. If *Medha* showers grace on an ordinary mortal, then he is transformed into a great sage. Alternatively, if a person develops his retentive memory and intelligence (*dhi, buddhi*) and

meditates on *Omkara*, then the spiritual realization dawns on his mind. Hence the *Upanishads* lay emphasis on hearing (*sharvana*), retentive memory (*manana*) and deep contemplation (*nididhyasana*) about philosophical thoughts. With this, he is transformed into an extraordinary sage. In the realm of bio - medicine, when the brain cells and nervous system penetrating the entire body are activated, a person realizes his immense potential. These powers could be harnessed for physical, mental and spiritual development of one's personality.

The manifestation of intelligence would help the seekers in acquiring prosperity of all kinds in a rightful manner. The sages call upon the people to earn their livelihood and money in proper ways and enjoy them. *Shankara* says in *Bhaja Govinda stotram* that one can entertain his mind by the money which is earned by one's own hard and rightful efforts.

In the second *sukta* the sage requests the gods such as *Indra*, the *Ashvins*, *Sarasvati*, the semi gods like *Gandharvas* and goddesses such as heavenly nymphs (*Apsaras*) to grant him favors. *Indra* is the presiding deity for physical forces. He is the seat of power which manages all the activities of all the organs and systems inside a living body. *Taittiriya Upanishad* elsewhere says that a spiritual seeker should be young, persevere, strong physically and mentally. (*Yuvasyat yuva adhyapakaha, ashisto balishto dradishtaha, yasyevam prithivi vittasya purnaasyaat*).

Ashvin gods, the divine physicians, prayed for a healthy body. They can be called as the divine medicos and represent the centers of the brain which automatically take steps toward healing any disease before a person comes to know about it. In this healing process, the Goddess *Medha* showers the nourishment for the body system. As the mind is the seat for all the bondages and freedom (*mana eva manushyaanaam kaaranam bandha mokshayoh Amrita-bindu*

Upanishada) this should be kept in poise which is termed as Yoga in *Bhagavadgita*. (*samatvam yoga ucyate – Gita*).

Creative intelligence:

The sages' requests *Medha Devi* to give him that *medha* which is present in heavenly nymphs and divine musicians. *Apsaras* and *Gandharvas* are divine artists known for excellence in performing arts. According to Indian mythology, *Apsaras* are the most beautiful maidens

of the world, specialized in varied forms of dances and gestures whereas *Gandharvas* are divine musicians. It is believed that the troupe of *Apsaras* and *Gandharvas* traverse in the triple world entertaining the denizens.

If they are worshipped, they would transfer their impeccable aesthetic talents to the people and goddess *Sarasvati* would augment this process. Thus, a person granted with the divine principles of aesthetics and divine intelligence spreads them like fragrance everywhere just as the profound scholarship of a learned and the marvelous artistic skills of an artist spreads far and wide in a short time. The divine intelligence in its spiritual dimension is the knowledge of ultimate reality or Brahman itself. It can enkindle the spiritual zeal of the people and awaken them for a true spiritual life. The intellectual fragrance is called *surabhi medha*. It has the tremendous capacity to energize, excite and activate the artists and the audience giving them ecstasy (*ananda*).

Kalidasa the celebrated dramatist says that performing arts have the capacity to entertain people with different tastes, simultaneously (*natyam bhinna rucih bahudhapyekam samaradhanam*⁴). Finally, the sage requests the goddess *Sarasvati* to grant him off springs, all types of energies, virtue and brilliance. The colophon of the *Medha sukta* comes with a powerful spiritual message where in a sage who is desirous of transforming from an individual to a supra human being (*Hamsa* or *Paramahamsa*) can do so by invoking and concentrating on *Omkara*, retentive memory (*dharana*) and divine intelligence (*medha*). Thus, he became Thou Art That (*Hamsa*) by meditating on this mystic and rhythmic hymn.

Inputs from Neurosciences:

It is interesting to know about the development of the concept of intelligence, intellect and creativity from the western paradigm. An attempt is made here in this regard.

Charles Darwin believed that “natural selection could explain our talents for music, art, literature and other human intellectual

4. Ramachandran V. S. and Sandra Blakeslee, *Phantoms in the Brain : probing the mysteries of the human mind*, William Morrow and Company Inc, New York, 1998. Taittiriya Upanishad, Sri Ramakrishna Math, Sixth impression, 1984.

achievements⁵". But his colleague Alfred Russel Wallace disagreed. Wallace said that "Darwin's principle might explain fingers and toes and maybe even some simple mental traits, but that certain quintessentially human abilities like mathematical and musical talent could not possibly have arisen through the blind workings of chance".⁶ He argued that the potential intelligence present in our ancestors and carried from one generation to another generation might have been responsible for such a talent. This potential intelligence was in contrast to kinetic intelligence which comes through formal education.

Wallace attributed divine intervention for the evolving of the potential intelligence. To quote his own words "Some higher intelligence must have directed the process by which human nature was developed". A modern biologist tackles this problem by answering that "esoteric" and "advanced" human traits like musical and mathematical ability are specific manifestations of what is usually called "general intelligence"- Itself the culmination of a "runway" brain that exploded in size and complexity within the last three million years".

This general intelligence is responsible for all our physical, mechanical and mental activities. But V. S. Ramachandran and Sandra Blakeslee argue that with respect to the mind this concept of general intelligence cannot explain the achievements of savants, geniuses and prodigies.⁶ They put forth an argument that the combination of genes and traits may be the cause for such a rare phenomenon. They also say that the angular gyrus which is present in the left hemisphere may be the reason for such talents. The experiments (functional MRI) have shown that if the angular gyrus is damaged, a person fails to do even simple mathematical calculations. Angular gyrus may be responsible for the blossoming of creativity too as opined by them.

Memory in the brain:

Research in Neurosciences has shown that the hippocampus in the brain is responsible for the formation of new memories and that it is a result of protein synthesis (engram). Ramachandran and Sandra

5. Worldnet @ 1.6, 1997 Princeton University [http://www.](http://www.Dictionary.reference.com/search/intellect)

[Dictionary.reference.com/search/intellect](http://www.Dictionary.reference.com/search/intellect)

6. Ramachandran V. S. and Sandra Blakeslee, *Phantoms in the Brain : probing the mysteries of the human mind*, William Morrow and Company Inc, New York, 1998. Upanishad, Sri Ramakrishna Math, Sixth impression, 1984.

Blakeslee say that this hippocampus interacts with other brain structures such as the frontal lobes, the limbic system (concerned with emotions), and the structures in the brain stem (which allow you to attend selectively to specific memories). It is also believed that specialized circuits and modules such as modules for language, art, and mathematical abilities are present in both the hemispheres of the brain that work holistically. Now it is known by research that the hippocampus is essential for acquiring and consolidating new memories. If there is an injury to the hippocampus or if it is removed through surgery, then a patient cannot have memories of the future.

The authors further say that “the ability to reinterpret events in the light of new information may have been refined through the generations to help people playfully juxtapose larger ideas or concepts - that is, to be creative. This capacity for seeing familiar ideas from novel vantage points to an essential element of humour could be an antidote to conservative thinking and a catalyst to creativity. Laughter and humour may be a dress rehearsal for creativity, and if so, perhaps jokes, puns, and other forms of humour should be introduced very early into our elementary schools as a part of the formal curriculum”. The important link between humour and creativity has also been emphasized by the English physician, playwright and polymath, Jonathan Miller.

Intellect and Creativity:

Medha has several shades of meanings and it is generally translated as retentive memory, intelligence, intuition and creativity. A lot of research has been done both in the East and the West in the last two hundred years resulting in divergent views and various schools propounding many theories and hypotheses. They can be summarized as follows:

Intellect is defined in various ways such as “part or faculty of the human soul by which it knows”, “the capacity for rational thought or inference or discrimination”. James Harvey Stout defined intellect as “the part of the psyche which processes data with the tool of logic”. He describes the purpose of intellect is to gather data, create new data, process a particular type of data, verify data, format the data for presentation for analysis, help in understanding the data and provide data which constitutes the thoughts in our archetypal fields.

James Harvey Stout also informs that intellect has several amounts of limitations such as that it can process only a limited amount of data, depends on generalized information for analyses, that it could

not correct the information by itself, incapable of understanding ambiguous statements, works in parts and not in wholes and closed system, foreshadows intuition, and sometimes convert the concept into dogma and has a limited form of expression.⁷

On the contrary, he says that intuition (called *Pratibha* in Sanskrit) has access to all types of data and can provide information instantaneously. He says that Intuition could lead to wisdom. He defines wisdom as a blend of intellectual knowledge, personal experience, and an intuitive perception into the meaning and application of the data.

Spiritual intelligence is a higher dimension of intelligence that activates the qualities and capabilities of the authentic self (or the soul), in the form of wisdom, compassion, integrity, joy, love, creativity, and peace. Spiritual intelligence results in a sense of deeper meaning and purpose, combined with improvements in a wide range of important life skills and work skills. As an analysis of Spiritual Quotient (SQ) equals Intelligence Quotient (IQ) and Emotional Quotient (EQ) magnified by the power of presence. Thus spiritual intelligence results when intellectual and emotional intelligence are exercised in the state of presence. Presence is more than simply being aware of your immediate surroundings with a greater clarity.⁸

Creativity:

The Neurologists and Neuroscientists say that the “Right Brain is responsible for understanding spatial relationships and thinks in pictures while the Left Brain is responsible for understanding time, logic and language, and thinks in words and that the Right Brain is holistic and intuitive while the Left Brain is analytic and procedural”.⁹

Another school of thought says that “the Right Brain is associated with the unconscious and with emotions, while the Left Brain is associated with the conscious, rational side of the intellect” but both are required for the analysis and understanding of the data. So, we understand from the above theories that creativity (called *Pratibha* or *Sarjana Tva*) blossoms in the Right Brain. A report on the annual “Mind and Brain Symposium” held at the Institute of Psychiatry in London in

7 “Intellect”: by James Harvey Stout and compiled from the website: <http://www.stout.bravepages.com/h/intellect.com>

8 Richard Griffiths, The definition of spiritual Intelligence
<https://sqi.co/definition-of-spiritual-intelligence/>

9 “Left Brain Right Brain” compiled from the website: <http://www.users.globalnet.co.uk/~rxv/demcha/leftright.html>

2001 says that creativity is a result of RIDER components (Review, Incubation, Dreaming/Drifting, Excitement and Reality-checks) and depends in some degree upon a Jungian-style shared subconscious.”¹⁰

American psychologist George Kneller informs that the creativity process involves the finding and formulating of a problem, researching from life’s experiences, mulling over the problem in a sort of chaos of data and knowledge, incubation and immersion of ideas and finally the verification.

In conclusion, a continuous recitation of the Medha suktam with sincerity and dedication, would enhance the power of memory, creativity, intelligence and intuition as they are mysterious words capable of creating the strange vibrations or rhythms in our body. These positive vibrations or the rhythms appear to have an unknown connection with the rhythms in the cosmos. As M. P. Pandit remarked “these Vedic hymns carry their special patterns corresponding to certain cosmic rhythms with which they seek to link themselves with”.

Recitation of this Medha Sukta to enhance creative intelligence, which leads to spiritual elevation, direct influence to the society with help of these Sukta individual abilities could be enhanced, improving ignition and perspective power of senses, normally one cannot see everything, adapting methods improve vision can reach unimaginable heights, improving creative intelligence can add quality to living and life time.

When one’s creativity is used in uplifting humanity in contributing social utility, such examples of high achievement personality to name few are Veda Vyasa, written voluminous literature to name few are Mahabharata, Brahma sutras, eighteen Puranas and many more text with his creative intelligence contributed into the world bank in upliftment of humanity.

Another such an achiever and highly creative being was Adi Shankaracharya who lived only for thirty -three years and contributed in abundance fifty-four Prakaran granthas, seventy -six Stotra prayers, twenty -three Bhasya great literature produced for the society.

Example- magnetic materials are always made of metal, but not all metals are magnetic, steel contains iron so a steel paper clip will be attracted to a magnet too, these highly achieved and accomplished

¹⁰ <http://www.artlex.com/ArtLex/c/creativity.html>

personalities are like magnets attract everyone towards them, pieces of steel are highly magnetic.

This tradition of individual sound rhythms having kinship with the cosmic rhythms in Nature is recognized and inbuilt in the science of Indian music”. One among them is the Medha sukta where special prayers are offered to Sarasvati who is visualized as a Shakti in the feminine form. She manifests before all the rhythms emerge into existence. The gods praised in those hymns of peace are directly related to the micro and macrocosm and the physical, mental and spiritual dimensions of our body and thus the recitation proves highly beneficial.

Conclusion:

Lots have been researched and said by psychologists about Emotional Intelligence and how it is essential for living a fulfilling life.

Joshua Freedman, Anabel Jensen, Patricia Freedman, & Marsha Rideout quotes "Emotional Intelligence is a way of recognizing, understanding, and choosing how we think, feel, and act. It shapes our interactions with others and our understanding of ourselves. It defines how and what we learn; it allows us to set priorities; it determines the majority of our daily actions. Research suggests it is responsible for as much as 80% of the "success" in our lives." From *Handle with Care: The Emotional Intelligence Activity Book*, 1998.¹¹

Dr. Glenn Geher along with his two graduate students, Olivia Jewell and Kian Betancourt, has written *Creativity Goes with Emotional Intelligence in Psychology Today*.¹² While studying the link between Emotional Intelligence and Creativity conducted research on over 200 results to conclude that Emotional intelligence is a basic feature of human psychology—with implications for intimate relationships, educational outcomes, and business. Here, we add to the mountain of literature on Emotional Intelligence. People who are high in Emotional Intelligence seem to have a leg up when it comes to creativity. All the more reason to help cultivate emotional abilities across the lifespan.

Vijay Hashia quotes in *The Times*, “Any sensual or physical hyper play may thrill one to a state of exaltation, leading to diminished self-awareness. When the inducement wears off, the hyperbole crashes to low ebb and destroys all the creativity in a person. For mere physical and

¹¹ <https://www.verywellmind.com/quotes-about-emotional-intelligence-2795689>

¹² <https://www.psychologytoday.com/us/blog/darwins-subterranean-world/201706/creativity-goes-emotional-intelligence>

sensual gratifications, extrinsic joy as beauty does not achieve the sublime.”¹³

□□□

References

1. Anthony Freeman, Creativity, Mind and Brain, Journal of Consciousness Studies, 8, No, 4, 2001
2. Deodhar C. R., Complete works of Kalidasa, Motilal banarsidass, New Delhi 1982 Vol II. Sharadananda, Swami, Taittiriyanopanishad, Ramakrishna Ashrama, Mysore, 1972.
3. Our Vedic heritage, Chinmaya Mission, Bangalore, 1983.
4. James Harvey Stout, “Intellect”
<http://www.stout.bravepages.com/h/intellect.com>
5. National Institute of School Opening, Chapter 4. Medha Suktam,
https://nios.ac.in/media/documents/OBE_indian_knowledge_tradition/Level_B/Veda_B/VBCh-4.pdf
6. Ramachandran V. S. and Sandra Blakeslee, Phantoms in the Brain : probing the mysteries of human mind, William Morrow and Company Inc, New York, 1998.
7. Taittiriya Upanishad, Ramakrishna Math, Sixth impression, 1984.
8. Richard Griffiths, The definition of spiritual Intelligence
9. Vijay Hashia, 24th August, 2021, The Speaking Tree, The Times of India.
10. Worldnet @ 1.6, 1997 Princeton University
<http://www.Dictionary.reference.com/search/intellect>
<http://www.users.globalnet.co.uk/~rxv/demcha/leftright.html>
<http://www.artlex.com/ArtLex/c/creativity.html>
<https://www.astroved.com/articles/medha-suktam-benefits>
<https://www.verywellmind.com/quotes-about-emotional-intelligence-2795689>
<https://www.psychologytoday.com/us/blog/darwins-subterranean-world/201706/creativity-goes-emotional-intelligence>

¹³ Vijay Hashia, The Speaking Tree, The Times of India

Appendix:

The "Medha Sukta" Translation in English The word "Medha" is commonly well known (in India & to all interested in Indian literature) to represent "Intelligence" and it is used (to name a girl child) as one of the Names of Goddess Saraswati.

"Goddess Saraswati", "Lord Ganesha" and Lord "Dattatreya" are three important Indian deities who are related with the Intelligence, Thinking Power and Mathematical - Computational Capabilities and Learning.

In these ancient Literatures, "Praising an entity" is a form or "style" of expressing or describing its characteristics. Thus, the style is to say:

"Oh Lord Sun, how shining you are and I am obliged to you for your Kindness to enlighten the world and thus make it visible to my eyes" instead of saying (in today's style)

"The Sun shines & gives light and thus the World becomes visible". The Readers are therefore requested to understand the "Sukta" writings in the light of this "style-compatible mental work".

(The Shanti Mantra) The entity which is the "most prominent in, or mother of all the rhythms" engulfs or penetrates this entire Universe.

It has emerged out of the divine immortal before all the (other) rhythms (that exist in the Universe emerged and came into being). Let it ("most prominent in, or mother of all the rhythms": Saraswati) deliver gratification to me through the Goddess "Medha".

Let the immortal become a divine resource!

Let my body, my tongue (speaking faculty), be sweet and perfect. Let my ears Hear Perfectly.

Let the Manifested shell-like structure of my brain and the nervous system be encased (and enclosed) by (un manifested but active lid like shell of) the Goddess "Medha".

Let the (divine knowledge thus) heard (and understood) by me get preserved in a secret fashion.

AUM! The Divine Goddess "Medha" does not commit any mistakes even when (she is) in the mood of "High rejoicing" (and enjoyment). She is full of goodwill even towards those who speak in foul-hostile-inimical language.

Oh Goddess "Medha" Devi!) You are pleasantly poised (even towards those who) propel "Heaps of foul words and abuses", (like the) warriors standing (crossing their swords) in a battlefield.

Oh Goddess "Medha" Devi!) A personality on whom you become pleased can (easily) become a (great) sage.

(Oh Goddess "Medha" Devi) when you manifest (and become active) the Brahma (in the pindah : the brain cells and the nervous system penetrating the entire body) becomes (aware of it's) possessions and wealth.

The One who is (identified as) "Medha" amongst all the divine damsels (called "Apsara"), and the "Mind" (working behind the Divine artistic performances) of the Divine artists (singers, dancers, actors-stage artists called "Gandharva") be pleased with me and shower on me the "Intellectual intelligence" (necessary for me to perform any entertaining activity for entertaining myself or other viewers) in the form of a handsome-sweet fragrance like entity (called "Surabhi").

This "Intellectual fragrance" called Surabhi, which is capable of penetration and spreading all over the world, has an attractive "Golden-like aura" (and thus it can) to attract the awakening-souls in all the living beings (especially human species).

This "Intellectual fragrance" called Surabhi-Medha, (natya-kala-Pratibha) is capable of energizing - exciting - activating (The intellect of the viewers) and is intellectually drinkable like an "energizing-drink" (by them - the Viewers) and let Goddess Medha shower it on me, in a well-directed focused fashion.

Let this Intellectual capability reside in me, with all its intellectual off-springs and the capability of leadership, (and starringship), and (as a result) let them (these qualities) make me a "spectacular-star performer".

Let this Medha and her off-springs along with the "managerial skills" of managing (the movements of all) my organs (e.g. in a dance performance, in a classically rhythmic format and singing expressing expressions on my face or by the body-language etc.) be bestowed on me.

(Oh Goddess "Medha" Devi !) Those on whom you are pleased (only those) can (understand - see - grasp, visualize,) picture-out with clarity and can acquire (possess - inhale - consume) prosperity (all the necessities for a proper livelihood). Oh Divine Goddess, please do not get pleased on (unworthy) wealth.

Let the Lord Indra (The Seat of Power which manages all the activities of all the organs and systems inside a living Body) donate me "Medha".

Let the Goddess Sarasvati (emerge - get manifested in me in her facet as) "Medha Devi".

Let the Ashwin twins (The divine medicos: The Centres in the brain which automatically take steps towards healing any disease even before a person comes to about it) and the Medha_Devi shower on me the "nourishment (and nurturing)" (of my body system).